

# Covid prevention measures

## Paragliding World Cup Disentis, 15.-22.8.2020

Version 12.8.2020

*It is up to pilots to check travel restrictions and return to his place of residence restrictions before the travel.*

### General

- 1. Participate only without symptoms (see annex)*
- 2. Distance 1.5 m or mask (everyone carries own masks)*
- 3. Wash and/or disinfect hands (everyone carries an own disinfectant)*
- 4. Fix groups for social events for the whole period (no mask obligation within this group).*

#### **1. participate only without symptoms**

Persons with symptoms of illness are NOT allowed to participate. They stay at home or go into isolation and discuss the further procedure with the doctor.

#### **2. keep distance or wear mask**

At the meeting point, during briefing and debriefing, after the end of the activity, on the return journey - in all these and similar situations, a distance of 1,5 metres must be maintained and the traditional shake hands and high-fives must be strictly avoided.

Wherever the distance cannot be maintained, strict masking is required.

#### **3. wash or disinfect hands thoroughly**

Washing hands or disinfecting hands plays a decisive role. Pilots are required to wash or disinfect their hands before and after transport, briefing and other activities. Everyone carries their own disinfectant with them.

#### **4. pilot evening and other social events (bar, coffee, restaurant, take off)**

Pilots decide on a fixed group. Usually this is "their own nation". Small nations form groups of about 20, max. 25 people.

Within these groups the mask obligation is suspended.

Register at:

<https://doodle.com/poll/zxpyw43snvcy79zt>

(the date should not be taken into account, it is only about the formation of the groups)

### Office

- Strictly one-Way, no entry from the back
- In HQ maximum 4 pilots (non staff individuals) are allowed and have to wear masks.
- Plexiglas panes for the protection of the crew

- Masks can be purchased at HQ for CHF 0.50. Stuff and assistance are supplied for free.
- The rooms are regularly ventilated.

### **Registration**

- All waypoints and airspace has to be downloaded in advance. Ulric will upload waypoints to regular instruments (strictly no phones), as an exception, if pilots don't have the means to load them onto their own instruments for some reason.
- An "Online Check-in" system will be available for this at <http://live.pwca.org/checkin.php>. Pilots can go to a page where they can fill in/check/edit all the information normally found on safety forms. Once they are satisfied that the information is all correct (they will be able to declare that a particular item isn't yet known if necessary), they can OK the form, at which point they will get a barcode. They then go to registration and the barcode will be scanned (without touching) to confirm their presence in the competition. It needs to be made clear to pilots that there is no point turning up to registration until they have their barcode.
- Voting will be integrated into the online check-in. Votes will be registered anonymously, saving only a flag to say that the pilot has voted.
- Numbers, T-Shirts, Cable-Car passes etc will be handed out from one person with mask.
- The Deposit for the Train Ticket-Pass has to be given in a couvert in the form of a 20 note (CHF or €). The pilot can then take his own note out of the envelope himself after the competition.
- The Map can be taken from the pilot itself.

### **Trackers**

- Trackers will be assigned and labelled in advance before going to Disentis.
- At launch, knowing that the trackers are clean, they are handed out exactly as normal (person with mask).
- Upon return to base, the pilot holds out the tracker to Ulric and he scans it without touching it. If there are no issues with the pilot's live scoring, then the tracker is put by the pilot into a "quarantine box". Otherwise, the pilot will be asked to plug the tracker, or any other instrument, into the system to finally get a good trace. Once resolved, the tracker goes into the "quarantine box", Otherwise it is put to one side to be cleaned and dealt with as appropriate. Leads are cleaned with alcohol after each utilisation.
- The person responsible for putting the trackers on charge will wipe the trackers down with alcohol before putting them onto the charging table. Once on the charging table, the trackers are considered clean, and can be charged, sorted and loaded into the suitcase for distribution by organisation staff.
- The following day, the clean trackers are distributed as normal.

### **Caischavedra (Coffee and Briefing at middle station)**

- Lunch bags are handed out by staff with masks and gloves.
- The pilots gather in "their" groups.
- At the briefing pilots stay in their own group or wear a mask.

### **Transport**

- During all kind of transports (train, car, transport to take off) masking is mandatory. Every pilot brings his own mask.
- Masks can be purchased in the vehicles for CHF 0.50.

### **At Take off**

- The pilots stay in their own groups, keep the distance or wear a mask. The same applies to the briefing at take off.

## General Briefing

- All important information can be found on the website:  
<http://www.disentis-open.ch/paragliding-world-cup-2020/home/program/general-briefing.html>  
(will be updated)
- Only pilots who do not know the area or have questions will attend the physical general briefing. During the hole time in the tent at HQ exist a general mask obligation.

## Meteo-Briefing, Task setting

- The meteo briefing takes place at announced times via WhatsApp.
- The provisional task will be published at WhatsApp. After the briefing a photo with the final taskboard will be published at WhatsApp.

## Pilot evening

- The pilot evening will take place at two or three evenings with two to tree groups each. Pilots register at one of these groups BEFORE the registration at HQ:  
<https://doodle.com/poll/zxpyw43snvcy79zt>

### Attention:

- "This" group is decisive for the whole period of the event. For all social Events!

## Tracking

Thanks to the lists of participants and helpers and the registrations in the individual groups, the creation of a list of participants is guaranteed.

All personal data (surname/first name/telephone number) are registered and listed on a contact list. This is done at each meeting that we schedule. The contact lists are kept for 14 days.

## Kontakt

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Emergency number 144

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For the organizing committee,  
Martin Scheel

## Annex Symptoms:

Most common symptoms:

- fever
- dry cough
- tiredness

Less common symptoms:

- aches and pains
- sore throat
- diarrhoea
- conjunctivitis
- headache

- loss of taste or smell
- a rash on skin, or discolouration of fingers or toes

Serious symptoms:

- difficulty breathing or shortness of breath
- chest pain or pressure
- loss of speech or movement